

**MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT
COMMUNITY & CONTINUING EDUCATION**



More Courses Inside ➡

SPRING 2024 COURSE CATALOG



Join the many Middle Country residents who participate in the Community and Continuing Education programs and spend your time in lifelong learning.

The Adult Education Coordinators are Annette Dickerson and Dina Tiles (631-285-8346). All Adult Education courses are evening classes. If you have questions about the SAT course listed on Page 4, please visit www.methodlearning.com/middlecountry.

REGISTRATION – Registration begins immediately. **PLEASE SUBMIT A SEPARATE REGISTRATION FORM AND A CHECK FOR EACH COURSE PER PERSON. ONLY CHECKS OR MONEY ORDERS ARE ACCEPTED (NO CASH).** Please make payments to the *outside vendor* (listed with the course description) *or MCCSD* (Middle Country Central School District). Non-residents please add \$15.00 per course.

NO REFUNDS will be made unless there is insufficient registration to begin a class. Classes are filled on a first come, first serve basis.

MAIL-IN REGISTRATION RECEIVES PRIORITY: Please postmark by February 8, 2024
MAIL TO: ADULT ED - Newfield High School, 145 Marshall Drive, Selden, NY 11784.

WALK-IN REGISTRATION – Thursday, February 8, 2024- 6:00 pm - 7:30 pm
Cafeteria A - Newfield High School., 145 Marshall Drive, Selden, NY 11784

CLASS SIZE – A minimum of 15 adults is generally needed for each class. If less than 15 adults register, the coordinators reserve the right to combine classes by changing times or nights in order to obtain full class size. The coordinators also reserve the right to reduce the number of class sessions for a class lacking minimum enrollment.

LOCATION OF CLASSES - All classes are *evening* classes and will be held at Newfield High School (NHS), 145 Marshall Drive, Selden, NY 11784. Please park behind the school and enter through the back entrance.

ELIGIBILITY - Persons who are 18 years old may register for adult education classes. Non-residents must be 21 yrs. old to register for GED, High School Equivalency, Adult Basic Education & English as a Second Language.

DIRECTIONS TO: NEWFIELD HIGH SCHOOL

TAKE NICHOLS ROAD TO MIDDLE COUNTRY ROAD TO MARSHALL DRIVE. MAKE A LEFT AT THE TRAFFIC LIGHT IF COMING FROM THE WEST; A RIGHT AT THE TRAFIC LIGHT IF COMING FROM THE EAST ONTO MARSHALL DRIVE. SCHOOL COMPLEX IS AT END. FOLLOW AROUND TO THE RIGHT TO GET TO THE BACK OF THE SCHOOL.

PLEASE PARK BEHIND NEWFIELD HIGH SCHOOL.
ENTER THE BUILDING AT BACK ENTRANCE.

*****No Confirmation of enrollment will be sent to you.*****

*****You have been accepted in your selected course unless you are otherwise notified.*****



MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT

SENIOR CITIZENS - **Middle Country Central School District Senior Citizens, age 60 and over**, are invited to sign up for courses at a **\$10.00 reduction in the resident fee**. Proof of eligibility is required – a photocopy of your driver's license is acceptable (please black out the ID number). **Exceptions** to this are (1) **all material fees must be paid**; (2) courses offered by **outside vendors must be paid in full**. These courses are denoted by the words **Outside Vendor** and/or **No Reduced Fee**.

*****Senior Citizen discount does not apply to out-of-district Senior Citizens.*****

SCHOOL CLOSING - In the event of inclement weather and possible class cancellations, **please call the district emergency hotline: 631-285-8088, check the district website: www.mccsd.net, or tune into WALK (97.5) and WBLI (106.1) radio stations.**

HEALTH NOTICE – Participants are advised to consult their personal physician before participating in any course that requires physical exertion.

TITLE IX AND SECTION 504 NOTICE - The Middle Country School District does not discriminate on the basis of sex, race, color, national origin, handicap, or age in the educational program activities it operates. This policy of non-discrimination is inclusive of the recruitment and hiring of employees as well as the providing of access to course offerings, educational programs, activities and building facilities.

ROLE OF INSTRUCTORS - We retain our Adult Education instructors to teach a course in their area of expertise. The instructors are not permitted to use the classroom for personal gain, or to solicit clients or customers. Therefore, we are not responsible for any advice or consultation given beyond the classroom setting and course curriculum material.

DAMAGE OR LOSS OF PERSONAL PROPERTY - The School District does not assume responsibility, either real or implied, for students' personal property.

DUPLICATE CERTIFICATE – If you qualify for a certificate, only one will be issued. Please make copies for your records.

CLASSES HELD AT NEWFIELD HIGH SCHOOL (NHS) - Park **behind** the high school and use the **back** entrance. All other doors will be locked.

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ABE/HSE

ADULT BASIC EDUCATION (ABE)

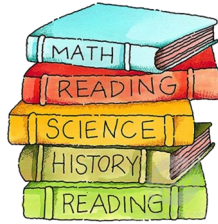
NO FEE

This program is offered to adults who terminated their basic education and now wish to renew their education. Instruction is given in a varied and individualized manner. Classes are offered at Basic, Intermediate and Advanced levels in Reading, English and Mathematics. The first week of class is state testing & paperwork; attendance is mandatory.

Tues./Thurs. Start Date: 2/27 6:00 - 9:00 pm

Instructor: M. Barnes

Room 125—NHS



HIGH SCHOOL EQUIVALENCY (HSE)

NO FEE

The GED test replaced the TASC test in 2022. Instruction is offered to *prepare* adult students for the High School Equivalency Diploma; *we do not administer the GED Test on our site*. Emphasis is placed on grammar, reading, writing and math skills. The first week of class is state testing & paperwork; attendance is mandatory.

Tues./Thurs. Start Date: 2/27 6:00 - 9:00 pm

Instructor: M. Barnes

Room 125—NHS

*****For ABE/HSE*****

non-residents must be 21 years old



EDUCATION

SAT CRAM CLASS FOR MARCH 9 SAT

FEE \$175

To register: visit www.methodlearning.com/middlecountry

Class Registration Deadline: Friday, February 23, 2024

Two 3-Hour Classes

6:30 - 9:30 pm

Mondays 2/26 & 3/4

Instructor: D. Rose, Method Test Prep Instructor

Room 128 - NHS

SAT PREP CLASS FOR MAY 4 SAT

FEE \$395



To register: visit www.methodlearning.com/middlecountry

Class Registration Deadline: Friday, March 15, 2024

Nine 2-Hour Classes

7:15 - 9:15 pm

Wednesdays & Thursdays

March 20, 21, 27

April 3, 4, 11, 17, 18

May 1

Instructor: D. Rose, Method Test Prep Instructor

Room 128 - NHS

Visit www.Collegeboard.org to register, pay and view important deadlines for the SAT

Method Test Prep is an industry leader in college entrance exam preparation. Founded in Long Island, we have been providing consistent, quality instruction for over 15 years to a variety of local high schools. The classes will be taught by experienced instructors specially trained for the re-formatted SAT and updates on the ACT. All Middle Country School District students have access to the Method Test Prep website via the Castle Learning accounts. These classes will give additional strategies on how to maximize their usage of the website, even after the class has concluded.

FINANCE

A TRUST OR Will: Which is Right for You?

FEE \$35 Outside Vendor NO REDUCED FEE

Checks payable to: Raupp Law, P.C.

Despite the hype, living trusts are not for everyone. Find out if a living trust is right for you by learning the pros and cons of establishing a living trust. This night course will help you make an informed decision about your estate planning needs by providing you with information about wills, living trusts, testamentary trusts, powers of attorney, healthcare proxies and living wills. Participants will gain a basic understanding of strategies to preserve their assets and to protect the inheritance of their loved ones. *Other topics to be discussed include guardianship proceedings, long-term care insurance, the probate process and basic Medicaid planning.*

Thursday 4/11

6:30 - 8:30 pm

1 Session

Instructor: A. C. Raupp, Esq.

Room 124 - NHS



HEALTH

IRRITABLE BOWEL SYNDROME, GERD, SIBO:

How to help yourself without drugs

FEE \$15

NO REDUCED FEE

Checks payable to: MCCSD

Learn what triggers IBS. Learn the common medications that cause SIBO, gas, bloating chronic diarrhea (IBS-D) or constipation (IBS-C). Learn what the FODMAP diet is and how it can help you live a better life. Acid Reflux, Hiatal Hernias, Ulcers, Irritable Bowel Syndrome, Colitis, and Crohn's Disease are just a few of the digestive disorders that affect more than 61 million Americans each year. Digestive problems limit one's ability to enjoy and participate in everyday activities. Learn the dietary and lifestyle triggers. This presentation will teach the audience about natural, non-drug means of improving or even correcting these problems.

Thursday 3/14

7:00 - 8:00 pm

1 Session

Instructor: Brian Yonks, DC - Wellness Consultant

Room 124—NHS

MEDITATION

FEE \$20

Outside Vendor

NO REDUCED FEE

Checks payable to: Jorge Teodoro

Too busy to Meditate? This course will show you that the more you meditate, the more valuable time will become. Each session will teach the tools, strategies & methods to develop a daily meditation practice. This program is designed to teach a variety of approaches to meditating that can be used in everyday routines, our work environment & home life. In our sessions together, I will offer a variety of breathing techniques to develop a flow of focus, creativity & body awareness. Together we will build skills to bring the mind to the present moment with a single point of focus.

Tuesdays 3/12, 3/19 & 3/26

6:00 - 7:30 pm

3 Sessions

Instructor: J. Teodoro

Room 128—NHS



NATURAL SOLUTIONS TO HEADACHE AND MIGRAINE PAIN

FEE \$15

NO REDUCED FEE

Checks payable to: MCCSD

Headaches are the number one health complaint in the United States, surpassing even the common cold. Participants will learn about the different types of headaches and migraines and learn about their triggers and natural solutions. Lifestyle changes that can help cure or relieve pain, Do's and Don'ts of preventing headache pain and effective stress reduction techniques will also be discussed.

Tuesday 4/9

7:00 - 8:00 pm

1 Session

Instructor: Brian Yonks, DC - Wellness Consultant

Room 124—NHS

SLEEP PROBLEMS: Natural Solutions to Better Sleep

FEE \$15

NO REDUCED FEE

Checks payable to: MCCSD

Can't sleep? Do you have trouble falling asleep and staying asleep? At Least 40 Million Americans each year suffer from chronic, long term sleep disorders, and an additional 20 Million experience occasional sleeping problems. These disorders and the resulting sleep deprivation interfere with work, driving and social activities. They also account for an estimated \$16 billion in medical costs and lost productivity. Learn about the different sleep disorders and their causes. Preventive measures and natural approaches to restful sleep will be explained.

Thursday 5/2

7:00 - 8:00 pm

1 Session

Instructor: Brian Yonks, DC - Wellness Consultant

Room 124—NHS

WEIGHT LOSS, FOOD & EXERCISE

FEE \$15

NO REDUCED FEE

Checks payable to: MCCSD



Where to start?

The goal of this workshop is for participants to take control of their weight, health and wellbeing. This workshop will educate the audience how the body and metabolism works. Participants will learn: how and what type of exercise is the best for weight loss; how to start a weight loss program or overcome a weight loss plateau; how the right type of food and exercise will turn back the clock; how eating the right or wrong types of food not only effects weight but aging; and how water and medication play a roll in their health.

Tuesday 2/27

7:00 - 8:00 pm

1 Session

Instructor: Brian Yonks, DC - Wellness Consultant

Room 124—NHS

HOBBIES, LEISURE & ART

A BRIEF HISTORY OF THE WORLD

FEE \$15

NO REDUCED FEE

Checks payable to: MCCSD

Covering the key social, political, technological and spiritual events of recorded history will give you a more thorough understanding of yourself, our country and the world. Given such radical changes that have taken place in recent times, it is imperative we understand the "broad sweep of history" and its effects on people and societies. Join Bruce Bennett (History teacher with 33 years of teaching experience) as we make the applications of these lessons to our lives to better prepare for the future.

Thursdays 3/14 & 3/21

7:00 - 9:00 pm

2 Sessions

Instructor: B. Bennett

Room 122 - NHS



HOBBIES, LEISURE & ART

BASIC SEWING CLASS

FEE \$15 *NO REDUCED FEE*

Checks payable to: MCCSD

Sewing may seem intimidating at first but these basic sewing skills make life easier. Learn the basic skills in class and make a market tote. Bring your own sewing machine.

Supplies Needed

2/3 yard home décor or strong fabric

1/3 yard for handles

Matching thread scissors

Straight pins



6:30-9:30 pm

Wednesday 5/1

1 Session

Instructor: J. Serra

Room 111 - NHS

GUITAR LESSONS - Beginner Group Instruction

FEE \$65 **Outside Vendor** *NO REDUCED FEE*

Checks payable to: Scott Kubik

Interested in learning how to play guitar but don't know how to start? Learn a few easy chords, some simple riffs and some fun songs that everyone can play. We'll also discuss how to read guitar tablature (tab) and chord diagrams as well as where to find good online resources for home learning and further playing. **Bring a fully strung 6 string acoustic guitar (no electrics please) and guitar pick.**

Tuesday Start Date: 2/27

7 Sessions

Instructor: S. Kubik

Room 106 - NHS

7:00 - 8:30 pm



GUITAR LESSONS - INTERMEDIATE

FEE \$65 **Outside Vendor** *NO REDUCED FEE*

Checks payable to: Scott Kubik

I can play some simple chords on the guitar, now what do I do? If this sounds like you, this is the course to be in! We'll review reading chord diagrams and guitar tablature (tab) while learning how to better use our strumming to make our playing come alive. Simple scale patterns will also be covered to help open your creative freedom on the guitar. **Bring a fully strung 6 string acoustic guitar (no electrics please) and guitar pick.** If you have taken beginner group lessons, this course continues from there.

Wednesday Start date: 2/28

7 Sessions

Instructor: S. Kubik

Room 106—NHS

7:00 - 8:30 pm

JEWELRY MAKING - Beginner

FEE \$40 *NO REDUCED FEE*

Checks payable to: MCCSD

Learn the techniques to make your own jewelry. This class will teach you basic skills needed to create your own designs. *Tool kits will be provided for use in the class only. The first class will be earrings, the second class bracelets and the third class will be ankle bracelets.* Think of all the gifts you can learn to make for friends and family! **The cost of supplies is \$15.00 which is paid in cash to the instructor on the first night of class. Maximum: 15**

Tuesdays 2/27, 3/5 & 3/12

3 Sessions

Instructor: S. Walsh

Room 111 - NHS

7:00 - 8:30 pm



JEWELRY MAKING - Intermediate

FEE \$40 *NO REDUCED FEE*

Checks payable to: MCCSD

Now that you have learned some basics, let's see where it can take us! In this class, you will expand upon the beginner class and learn to wire wrap, make your own chain, and create your own signature style with jewelry making tools provided for use during class. **The cost of supplies is \$20.00 which is paid in cash to the instructor on the first night of class.**

PREREQUISITE: Beginner Jewelry class

Maximum: 15

Tuesdays 3/19, 4/2 & 4/16

3 Sessions

Instructor: S. Walsh

Room 111 - NHS

7:00 - 8:30 pm

PASTEL LANDSCAPES, PORTRAITS AND CHARCOAL PORTRAITS

FEE \$70

Checks payable to: MCCSD

Learn the techniques of drawing with pastels and charcoal. Work from photos or from a Still Life to create your own masterpiece. This class is open to students of all levels! Bring a desire to learn and let your creative talents emerge in a relaxed and educational environment. *After registering, a list of materials will be sent.*

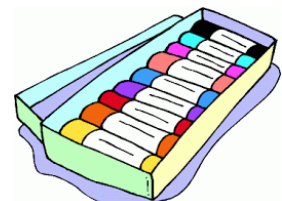
Wednesday Start Date: 2/28

8 Sessions (no make up)

Instructor: M. Bezich

Room 115 - NHS

7:00 - 9:00 pm



HOBBIES, LEISURE & ART

PUFF MESH SPRING WREATH
FEE \$15 *NO REDUCED FEE*
Checks payable to: MCCSD

Learn how to make a mesh puff wreath for the spring or for other holidays. The wreath will look professional when you add your creative touch to it! This can be done without any experience. Wreaths sell for \$85 and up! **Maximum 14**

Supplies needed:

14 to 16 inch wire wreath frame
 (2) 20 inch mesh rolls for wreath making
 Package of pipe cleaners
 3 rolls of wire ribbon - 1/2 inch wide
 2 inch wide wire ribbon if choosing a bow
 Scissors
 Glue gun (to adhere decorations)
 Wire Cutters (if your embellishments need to cut wire)
 Any decorations you want to add to the wreath



You may purchase a kit for \$40.00 paid to the teacher the night of class. Please indicate *KIT* on the registration form.

Wednesday 5/8 **6:30 - 8:30 pm**
1 Session
Instructor: J. Serra
Room 106- NHS

ROLLED MESH SPRING WREATH
FEE \$15 *NO REDUCED FEE*
Checks payable to: MCCSD

Learn how to make a mesh rolled wreath for the spring or for other holidays. A professional looking wreath will be made in one class to take home. No special skills or talent needed. Just a desire to learn. Wreaths sell for \$85 and up! **Maximum 14**

Supplies needed:

2 rolls 10 inch wide rolled mesh
 2 contrasting colors or same color
 3 rolls of wire ribbon - 1-1/2 inch wide
 2—1/2 inch wide wire ribbon if choosing a bow
 14 or 16 in wire wreath
 Package pipe cleaners; need about 30 to match mesh
 embellishments for wreath/either small floral picks or any other items of choice
 Glue gun to glue embellishments only
 Scissors
 Ruler

You may purchase a kit for \$40.00 paid to the teacher the night of class. Please indicate *KIT* on the registration form.

Wednesday 5/15 **6:30 - 9:30 pm**
1 Session
Instructor: J. Serra
Room 106 - NHS

UFO's—WHAT ARE THEY AND WHY IT MATTERS!
FEE \$15 *NO REDUCED FEE*
Checks payable to: MCCSD

Documented throughout human history, what the US government now calls “Unidentified Aerial Phenomena” have been fully recognized by our government after other governments and scientific institutions have documented their reality for decades. Join us as we discuss what this phenomenon is and the diverse explanations attempting to make sense of it.

Thursday 4/18 & Monday 4/29
2 Sessions
Instructor: B. Bennett
Room 128 - NHS

7:00 - 8:30 pm



PHYSICAL FITNESS, DANCE & SPORTS

BASKETBALL
FEE \$70 Checks payable to: MCCSD

These sessions are geared towards full-court pick-up basketball. There are no instructional sessions. Co-ed participants play at their own risk. The District assumes no liability for injuries incurred. MCCSD sports teams & bad weather may cause cancellations or changes. Every effort will be made to have makeups. *Participants should bring one white T-shirt and one dark T-shirt to 1st class.*

REGISTRATION IS REQUIRED PRIOR TO START OF CLASS. Mail in registration forms early. Class fills quickly.

Wednesday Start Date: 2/28 **7:00 - 9:00 pm**
8 Sessions
Instructor: J. Burke
Gym - NHS

COUNTRY WESTERN LINE DANCING
FEE \$45
Checks payable to: MCCSD



Country Western dancing is a great way to exercise, have fun and meet new friends at the same time! Whether you are a beginner or already have dance experience (all levels welcome), you will learn the basic steps and the more advanced dancers can brush up on their dance techniques and skills. Line dances will be taught, as well as occasional couple dances. Partners not needed. So, come join us to learn all the popular dances to a variety of music styles, including the classic “oldies” and the “current” dances being done on the C/W scene. Dances will be reviewed weekly. By the end of this course, even the beginners will feel more confident in having mastered some basics. **Boots or shoes with leather soles recommended.**

Wednesday Start Date: 2/28 **7:00 - 8:30 pm**
7 Sessions
Instructor: M. Skiba (Skip) “Country Rhythms”
Former member of Cactus Kickers, L.I.’s C/W competition dance team
Café A—NHS

PHYSICAL FITNESS, DANCE & SPORTS

KOGA LITE

FEE \$52

Outside Vendor

NO REDUCED FEE

Checks payable to: Barbara Jemtpy

KOGA LITE is a fitness program that includes kickboxing moves and yoga poses. Set to vibrant music, it's healthy, low-impact and fun! Sneakers, weights and water are recommended. No need for a mat.

Tuesdays 4/2, 4/9, 4/16, 4/30, 5/7 & 5/14 6:00 - 7:00 pm

6 Sessions (No Make up)

Instructor: B. Jemtpy

Café A - NHS



PICKLEBALL

FEE \$80

Checks payable to: MCCSD

This is an introductory pickleball clinic for newcomers to the sport. The instruction will be two hours each week and will include rules, drills and open play opportunities facilitated by certified instructors. Interested pickleballers will need to bring their own paddles and \$5 to the first class to pay for balls for the entire session. All players will need to be dressed in comfortable clothing and sneakers as we will be playing in the gym.

Tuesday Start Date: 2/27

6:30 - 8:30 pm

8 Sessions

Instructors: L. & L. Cudia

Gym - NHS



VOLLEYBALL - BEGINNER

FEE \$70

Checks payable to: MCCSD

This co-ed course is designed to enable *beginner* players to participate in daily games for sheer enjoyment & to improve their techniques of volleyball. Enrollment is limited to adults.

REGISTRATION IS REQUIRED PRIOR TO START OF CLASS.

Wednesday Start Date: 2/28

7:00 - 9:00 pm

8 Sessions

Instructor: R. Shankar

Back Gym—NHS



YOGA – OPEN LEVEL

FEE \$55 (Each Section) Outside Vendor *NO REDUCED FEE*

Checks payable to: Jane Irvine

This class encompasses sequence of various standing, seated and bounded poses designed to create a harmonious flow of movement with each breath. True to its meaning “to place in a special way,” Vinyasa allows you to explore modifications that is uniquely you,” while building on your endurance, alignment, balance and flexibility. While some poses can be challenging, the simple use of a hand towel as a prop can be very helpful for progress, allowing you to reap the full benefit of your practice. See you on the mat!

Monday Sec. I Start Date: 3/11

7:00 - 7:50 pm

Wednesday Sec. II Start Date: 3/13

7:00 - 7:50 pm

Instructor: J. Irvine

7 Sessions each section

Monday & Wednesday Café B—NHS

YOGA – GENTLE YOGA

FEE \$55 (Each Section) Outside Vendor *NO REDUCED FEE*

Checks payable to: Jane Irvine

Designed to infuse the ambience of relaxing sounds and shimmering lights, our Gentle Vinyasa explores organic subtle body movement, poses “asanas,” breath work and mediation. It includes basic yoga poses to bring awareness to your breath and create a strong mind-body connection in your practice. You will leave class feeling de-stressed and revitalized. NO prior experience is necessary for this class. Wear comfortable clothing that allows you to move freely. A yoga mat and a blanket or bath towel will be used as props.

Monday Sec. I Start Date: 3/11

8:00 - 8:50 pm

Wednesday Sec. II Start Date: 3/13

8:00 - 8:50 pm

Instructor: J. Irvine

7 Sessions each section

Monday & Wednesday Café B-NHS



VOLLEYBALL - ADVANCED*

FEE \$70

Checks payable to: MCCSD

This co-ed course is for those who have prior experience playing volleyball at a “competitive” level. It is expected that players understand the responsibilities of each position and know the rules of the game. *Players must be proficient in volleyball fundamental skills, namely: bump, set, hit and service, The first night is try-outs. The coach will decide if the student qualifies as Advanced.* If not at the level required, the check will be returned. **REGISTRATION IS REQUIRED PRIOR TO START OF CLASS. *(Skill level at the discretion of coach).**

Monday Start date: 2/26

7:30 - 9:30 pm

8 Sessions

Instructor: P. Canale

Back Gym - NHS



SAFETY

FEE \$80 Outside Vendor *NO REDUCED FEE*
Checks payable to: Have Dummy Will Travel

Wednesday 3/20 **6:00 - 9:30 pm**
1 Session
Instructor: E. Zalewski
Room 111 - NHS



FEE \$70 Outside Vendor NO REDUCED FEE
Checks payable to: Have Dummy Will Travel

Tuesday 4/9 **7:00 - 9:30 pm**
1 Session
Instructor: E. Zalewski
Room 115 - NHS



This course is intended for healthcare providers and professionals who are expected to perform CPR as part of their everyday job. Students taking this course will learn single-rescuer and team basic life support skills for application in both prehospital and in-facility environments, with a focus on High-Quality CPR and team dynamics, how to use an AED, and maneuvers to relieve choking for all ages. We will also include additional assessment techniques, the use of a bag-valve-mask (BVM) for respirations and supplemental oxygen. **You will be expected to pass a written exam. *This class is endorsed by the American Heart Association. And is NOT suitable for people who do not work in the healthcare industry as a direct patient care providers.*** Cost includes certification card and manual.

Thursday 3/28 6:00 - 9:00 pm
1 Session
Instructor: E. Zalewski
Room 111 - NHS



FEE \$40 Outside Vendor *NO REDUCED FEE*
Checks payable to: Jat Pal Inc.

Mondays 3/18 & 3/25 **6:30 - 9:30 pm**
2 sessions
Instructor: A. Jatoi
Room 128—NHS



REGISTRATION FORM

***Please PRINT this form & MAIL to the address below with your check or money order. ***

COURSE: _____ *CIRCLE* _____ *Amount*
DAY: M T W TH *Enclosed:* _____

*Please submit a separate registration form and check **PER PERSON, PER COURSE**.*

If additional registration forms are needed, please photocopy this form.

Only checks or money orders accepted! Please include telephone number and course title on check.
Make checks payable to: See course description in catalog

Non-Resident Fee: Additional \$15.00 per course

Senior Citizens, please see introduction Page 2 for fee schedule.

Classes are filled on a first-come, first-serve basis. (Please mail in your registration early. Please postmark by February 8, 2024.) You must be over 18 years old or older for Continuing Ed classes.
For ABE / HSE non-residents must be 21 years old or older.

Please Print:

Name: (Last) _____ (First) _____

Address: _____

Town: _____ Zip Code: _____

Phone: (_____) _____ Business or Cell: (_____) _____

HOLD HARMLESS AGREEMENT – You must sign below to be accepted.

I, (the above named person), hold harmless the Middle Country Central School District, its employees, agents and assigns, from all losses, claims, costs, causes of action, etc., by reason of damage including bodily injury at any time resulting therefrom, sustained by me in connection with my participation in the Middle Country Central School District Continuing Education Program.

Signed: _____ Date: _____

******No confirmation of enrollment will be sent to you. You have been accepted in your selected course unless you are otherwise notified. Please check course listing for start date.******

Walk-in registration will be held at Newfield High School, Cafeteria A, Thursday, February 8, 2024, 6:00 p.m. to 7:30 p.m. Park in back of Newfield High School and use the back entrance.

Please do not bring your registration to the Continuing Education Office.

PLEASE SEND TO:
Adult Ed-Newfield High School
145 Marshall Drive
Selden, NY 11784

REGISTRATION FORM

***Please PRINT this form & MAIL to the address below with your check or money order. ***

COURSE: _____ *CIRCLE*
DAY: M T W TH *Amount*
Enclosed: _____

*Please submit a separate registration form and check **PER PERSON, PER COURSE.***
If additional registration forms are needed, please photocopy this form.

Only checks or money orders accepted! Please include telephone number and course title on check.
Make checks payable to: See course description in catalog

Non-Resident Fee: Additional \$15.00 per course

Senior Citizens, please see introduction Page 2 for fee schedule.

Classes are filled on a first-come, first-serve basis. (Please mail in your registration early. Please postmark by February 8, 2024.) ***You must be over 18 years old or older for Continuing Ed classes.***
For ABE / HSE non-residents must be 21 years old or older.

Please Print:

Name: (Last) _____ (First) _____

Address: _____

Town: _____ Zip Code: _____

Phone: (_____) _____ Business or Cell: (_____) _____

HOLD HARMLESS AGREEMENT –*You must sign below to be accepted.*

I, (the above named person), hold harmless the Middle Country Central School District, its employees, agents and assigns, from all losses, claims, costs, causes of action, etc., by reason of damage including bodily injury at any time resulting therefrom, sustained by me in connection with my participation in the Middle Country Central School District Continuing Education Program.

Signed: _____ Date: _____

******No confirmation of enrollment will be sent to you. You have been accepted in your selected course unless you are otherwise notified. Please check course listing for start date.******

Walk-in registration will be held at Centereach High School, Cafeteria, Thursday, February 8, 2024, 6:00 p.m. to 7:30 p.m. Park in back of Newfield High School and use the back entrance.

Please do not bring your registration to the Continuing Education Office.

PLEASE SEND TO:
Adult Ed-Newfield High School
145 Marshall Drive
Selden, NY 11784

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